

ERGONOMIC WORKSTATION EVALUATION REQUEST Updated 03.17.2022

Purpose:

San Diego State University Research Foundation is committed to providing employees with workstations which are free from known or potential hazards and will allow employees to be productive and comfortable. San Diego State University Research Foundation also recognizes and appreciates that to be effective employees may at times need differently configured workstations due to an injury or an accommodation in accordance with the American with Disabilities Act (ADA).

For San Diego State University Research Foundation to best determine whether an employee's workstation is appropriate or if the workstation arrangement needs to be modified, employees must request an ergonomic evaluation of their workstation by completing the form below.

Directions and Procedures:

Employees must complete all information on the request form and submit it to his or her immediate supervisor. Incomplete forms will be returned. Supervisors must review the request for accuracy, attach a copy of the employee's job description and submit both to Risk Management at <u>sdsurfriskmanagement@sdsu.edu</u>.

Employee Information:

Employee Name:
Red ID:
Title:
Supervisor:
Work Location:
Best Contact Number:

Reason for Request

I am requesting an ergonomic evaluation of my workstation due to the following (check all which apply):

I am experiencing pain or numbress when engaged in activities at my workstation.

My healthcare provider has recommended that an evaluation of my workstation be conducted because of a work-related injury. (Please attach related documentation from your healthcare provider).

My healthcare provider has recommended that an evaluation of my workstation be conducted because of a non-work injury or disability. (Please attach related documentation from your healthcare provider).

Other reasons (please be as specific as possible)

Please describe your work duties and how your current workstation arrangement affects your ability to perform them:

Approvals:

Supervisor Signature: _____ Date:_____